NDIS Funded SOCIAL SUPPORT







TOGETHER WE CAN

INTERNATIONAL PTY LTD

www.twci.com.au

Our Support

Together We Can International Pty Ltd (TWCI) is an independent, family-owned, and operated NDIS provider of quality support to teens & and young people across Metropolitan Adelaide, Adelaide Hills, Barossa & Riverland Regions with ASD, ADHD, and Mild Intellectual and Neurodiverse disabilities.

TWCI is passionate about filling the genuine need for a specific cohort of disabilities that often 'falls through the gaps' of mainstream disability support, breaking typical stereotypes often associated with traditional 'disability support'

Our NDIS social support services aim to create a supportive and welcoming environment for participants to enhance their life skills, expand their social networks, and improve their overall well-being.

We are committed to enabling individuals with disabilities to actively participate and contribute to their communities, aiming to empower individuals by promoting independence, enhancing social skills, and fostering meaningful connections.

Together We Can International is known for facilitating inclusive and diverse social environments, encouraging participants to explore their interests, engage in community activities, and develop friendships that help individuals lead fulfilling and connected lives.

Designed in conjunction with Parents, Behavioural therapists, DE's, OT's and Parent's, our social support activities and programs are so much more than just 'fun' and tick so many of the boxes and goals we want to achieve with our neurodiverse youth.

It truly is not what we do, it's the way that we do it'

Together We Can International (TWCI) - **Jesse's Story** <u>https://www.youtube.com/watch?v=XeN3BKrHiiQ</u>

TOGETHER WE CAN





Types of Social Support

The majority of our supports are specifically for Teens & Young Adults with ASD, ADHD, Mild intellectual & neurodiverse disabilities (including psychosocial) wanting to improve social skills therefore all our social activities & programs are designed to engage through fun, inclusive activities that promote maximum interactions & teamwork in a non-therapeutic organic way. The way we deliver social support is through

WEEKEND ACTIVITIES

Every weekend throughout the year we run social activities on Saturdays & Sundays (2 activities each day) based around what cool & exciting things are on in the Community. We work in groups of four participants per one social support mentor. However, if you require more support than this, we can accommodate that also at a higher support rate within the group environment to practice group skills with addition support required at the same time which works really well.

Weekend activities are a great way to start your social support journey if you have not engaged in any supports and perhaps have been thinking of camps or joining a social group these are a great cost-effective way of getting a taste of how social support can be a great addition to your NDIS support team.

SOCIAL SUPPORT GROUPS

Are run at our TWCI hubs located at Tea Tree Gully & Barmera, weekdays during school terms.

We have a variety of social groups such as Young Guns, Gal Pal and Gaming groups which turn out to the be the highlight of some of our young people's week, breaking up the monotony of school and having something to look forward to, the group becomes a safe space where they feel comfortable & included. Pick up and drop offs can be arranged for a small additional cost, dinner, mentoring & structured activities are all included, focusing on group interactions and practising those social skills

CAMPS

Our camps provide engaging, fun, inclusive support to teens & young people through our brilliant activities especially our Water sport (Respite on the Murray) camps where we have a variety of water sport and action-packed activities to promote social inclusion, whilst having fun.

Communication, teamwork & engagement within the group develops quickly & organically in a environment of fun, support & inclusiveness. Often referred to as 'A Different Kind of Therapy' our Respite Camps are best suited to neurodiverse participants aged anywhere from 10 - 30 years old

SCHOOL HOLIDAY ACTIVITIES

Each school holidays we release a new, exciting timetable with different themes, outings and activities with lots of different options and opportunities for participants living with a disability to interact and engage in their community and with engaging, energetic mentors & peers.

Not only will participants be able to have fun, but they will be able to grow their skills, confidence and build friendships too, whilst staying busy and engaged throughout the school holiday period which can often be such a socially isolating time for our Neurodiverse youth.

Weekend Activities

Social Support Activities every weekend!

Our Social Supports are run every weekend, we run small to medium-sized groups in most instances of around 4-8 participants who receive NDIS funding. Ages ranges can be anywhere from 8-30 years old with neurodiverse disabilities such as ASD, ADHD, OCD, ODD, and Intellectual Disabilities.

All our supports are tailored depending on who we have on what activities, ages, disabilities and behaviours of our participants, we aim to make our activities as inclusive, fun and progressive as we can, with a primary focus of

- Matching the right participants into the right groups
- Social skill development & practise
- Peer engagement and assistance in learning social cues
- Forging friendships with like-minded peers
- Trying new things and stepping outside of comfort zones
- Learning to engage in a group environment

Our mentors are energetic, passionate and engaging with all the relevant clearances, as well as additional in-house training on First Aid, Medication Management, Mental Health First aid, food safety awareness, ASD awareness and person-centred Supports.

We aim to keep our Social Support activities as engaging and exciting as possible often coming up with some amazing activities we have waiting lists for, some of our favourite activities are;

- Cyberhive Gaming Days
- Go Karting & Laser Tag
- Roll Racing & Drag Racing Days
- Cat Cafe & Timezone Days
- Middleton Surfing Trips
- Virtual Reality & Bowling

Social Support pricing is billed as a block rate (not an hourly rate) and is inclusive of; All Activity Costs, Travel (within a 30km radius) Lunch, snacks and exceptional mentoring support. We can also provide shift notes, a summary of social supports, incident reports and any behaviours of concern outlined to you and/or your support team if required. Social Activities are billed at a 1:4 ratio unless behavioural support plans or other evidence advises higher supports are required (particularly around behaviours of concern engaging in a group environment or history of physical aggression) however this will be outlined and discussed with you on an individual basis from the information we receive from you.

Activity prices are billed from (**CORE**) 04_210_0125_6_1 Assistance with Social, Economic & Community Participation and (**CAPACITY BUILD**) 09_011_0125_6_3 Increased Social and Community Participation categories.

SOCIAL	ACTIVITY	PRICING
JOURL		

	1:4	1:3	1:2	1:1
Weekday	\$331.54	\$407.67	\$559.95	\$1,016.77
Saturday	\$402.20	\$501.89	\$701.27	\$1,299.41
Sunday	\$488.75	\$617.29	\$874.37	\$1,645.61
Public Holiday	\$575.30	\$732.69	\$1,047.47	\$1,991.81



Social Support Groups

EVERY WEEK THROUGHOUT THE SCHOOL TERM

We offer programs of support for youth with a variety of neurodiverse disabilities.

Our Social Support Groups are aimed at school-aged participants and are focused on creating an inclusive and engaging environment where children can socialize, develop skills, and build confidence.

Groups are the perfect chance to step out of your comfort zone, interact with like-minded individuals, and become an active part of the community as part of a group each week.



We currently run the following groups during the week throughout the school term at both our Tea Tree Gully and Barmera Social Support Hubs, and we are always open to creating opportunities for more groups based on the requirements of the community;

Young Guns - young men's group Gal Pal - young women's group Gaming Group - Trying different games each week (ideal age group between 9-18) (ideal age group between 9-18) (suitable for all ages)

Group Support can often be the highlight of some of our young people's week, breaking up the monotony of school and having something to look forward to, the group becomes a safe space where they feel comfortable and included.

We offer confident, experienced, and engaging mentors to run our group support throughout the week. Providing structured support always with a focus on engaging in the group

Pick-up and drop-offs can be arranged for a small additional cost, dinner, mentoring, and structured activities are all included. Pricing for groups is billed from the following line items from your (CORE) 04_210_0125_6_1 Assistance with Social, Economic & Community Participation and (CAPACITY BUILD) 09_011_0125_6_3 Increased Social and Community Participation categories in your NDIS plan.

Social Groups are billed <u>weekly</u> with a Service Agreement for the 10-week duration of the School Term & Program of support.

Weekly Cost (without Pick up)\$196.41Weekly Cost (including Pick up)\$229.41

(\$1,964.10 for 10wk Program) (\$2,294.10 for 10wk Program)

Cancellation policies apply for non-attendance, come & try options available before committing to the 10 week program, Service Agreement's can be cancelled at any time.

Respite Camps

A DIFFERENT KIND OF THERAPY

Often referred to as 'A Different Kind of Therapy' our Respite Camps have been designed in conjunction with people with ASD, Parents, Behavioural therapists, DE's and OT's to tick so many of the boxes & goals we are wanting to achieve with our neurodiverse youth in one action packed camp, including things like;

- Social Skill Development
- Friendships & learning social cues
- Teamwork & Group tasks
- Trying new things & pushing comfort zones
- Limited screentime & having fun outdoors
- Developing life skills such as cooking, cleaning



We see many participants with noticeable change in behaviours from our camps, with it not being unusual for our participants to leave camp feeling like a completely different version of themselves, finding a sense of belonging and comradery between campers resulting in many of our participants coming back to camp & forging lasting friendships. Consistent feedback we get from participants, supports, allied health teams & families about our camps is that they are life changing and something that has made a real impact in a young persons life.

The age range of Neurodivergent participants we support on our camps can be anywhere from 8-30 years old, male or female we work very carefully to try and match groups of participants with similar disabilities, age ranges & interests on each camp strategically with the aim of maximising organic social interactions.

Due to the nature of our action-packed activities, and our aim for social interactions and developing social skills, it is really important we have as much information about participants as possible, in particular any behaviours of concern including violence, drugs, alcohol or extreme behaviours we must know about, including triggers and calm down techniques in the event of over stimulation. We are unequip to support participants with high complex needs, physical disabilities or restrictions as our supports are specifically aimed at the cohort of participants we are exceptional at supporting, that often 'falls through the gaps' of mainstream disability support.

Our policy that all participants booking a camp for the first time have attended at least one TWCI social activity prior to attending or bookings a camp ensure 1:2 support is suitable & appropriate. Camps are aimed to be as cost effective as possible whilst providing the best possible supports to our participants. It is also part of our risk management process that all intake & referral forms are completed in their entirety including all triggers, allergies, special requests, medications & behavioural issues listed clearly and all relevant paperwork & registrations are completed, signed & returned prior to attending our camps.

All participants attending our camps MUST have attended a social support activity prior to attending a camp for the first time. Camps are based on 1:2 supports and are billed from the **Core** section of your NDIS funding category Assistance with Daily Life (Includes SIL)

Our camp costs are inclusive of: Pick up & drop off, Accommodation, Cost of all Activities & Equipment, All quality meals, Snacks & Refreshments, Safety Training & Insurances, Engaging Mentors at a 1:2 ratio. Billed from your core NDIS funding each camp will be quoted and you will be sent a service agreement prior to camp advising on costings.

School Holiday Support

SCHOOL HOLIDAY PROGRAMS

Together We Can International's school holiday support program is highly effective in providing valuable downtime and support to students during their breaks from school. The program aims to enhance the social experience and holistic development of participants, ensuring they have access to a diverse range of enriching activities and opportunities during their holidays.

Offering a wide range of activities, each school holidays we release a new, exciting timetable with different themes, outings, and activities providing lots of different options and

opportunities for all participants living with a disability to interact and engage in their community with engaging, energetic mentors and peers.

By providing such a diverse set of brilliant activities, our school holiday supports ensure participants have the chance to not only do things they enjoy but also explore their passions, learn new skills, get outdoors, and try new things, with a focus on creating a safe and supportive environment to be themselves.

School holiday supports encourage teamwork, collaboration, and personal growth, fostering a sense of belonging and confidence among participants. The mentors and facilitators involved in the program are experienced, energetic extroverts who provide social guidance, encouragement, mentorship, and exceptional support to participants, ensuring that they make the most of their holiday break, having fun whilst forging friendships, and learning new things throughout the school holiday period which can often be such a socially isolating time for our Neurodiverse youth.

School Holiday Supports are billed the same way as our Social Support Activities as a block rate (not an hourly rate) and are inclusive of; All Activity Costs, Travel (within a 30km radius) Lunch, snacks, and exceptional mentoring support. We can also provide shift notes, a summary of social supports, incident reports, and any behaviour's of concern outlined to you and/or your support team if required.

Social Activities are billed at a 1:4 ratio unless behavioural support plans or other evidence advises higher supports are required (particularly around behaviours of concern engaging in a group environment or history of physical aggression) however this will be outlined and discussed with you on an individual basis from the information we receive from you.

Billed from (**CORE**) 04_210_0125_6_1 Assistance with Social, Economic & Community Participation and (**CAPACITY BUILD**) 09_011_0125_6_3 Increased Social and Community Participation categories.

SCHOOL HOLIDAY ACTIVITY PRICING

	1:4	1:3	1:2	1:1
Weekday	\$331.54	\$407.67	\$559.95	\$1,016.77
Saturday	\$402.20	\$501.89	\$701.27	\$1,299.41
Sunday	\$488.75	\$617.29	\$874.37	\$1,645.61
Public Holiday	\$575.30	\$732.69	\$1,047.47	\$1,991.81

Mentoring

1:1 INDIVIDUAL SUPPORT

Together We Can International's mentoring and individual support program is highly effective and beneficial for individuals seeking guidance and support on a one-on-one basis. We offer a comprehensive and personalized approach to mentoring, ensuring that each participant is matched with a mentor of similar interests or personalities to achieve the desired outcomes

Our mentoring support provides individuals with a dedicated mentor who offers one-on-onguidance, encouragement, and support. They are experienced in social support and have clearances including NDIS Worker Clearance, Working with Children, RAAN, First Aid, CARL Reporting & Mental Health First Aid.

We offer mentoring on an individual basis and will not place people on mentoring shifts without being fully equipped to do so effectively. Along with a comprehensive induction into our organization, we also provide ongoing in-house training on person-centered support, ASD Awareness, social support as well as disability-specific training based on the individuals we are supporting, for example, if we are supporting a participant with seizures, we will ensure our mentor is trained in seizure management prior to working with the individual on a regular basis.

Our mentors come from diverse backgrounds and industries, with lived experience in disability or are studying at Uni in a disability-related field, ensuring a well-rounded perspective for our participants. Most importantly our mentors are passionate about supporting people to live their best lives and are reliable. Mentors also help mentees develop essential skills such as communication, problem-solving, and goal-setting, enabling them to thrive in their personal and professional lives.

The individual support provided by Together We Can International goes beyond mentoring, offering a personalized approach to either accessing the community or helping with life skills that can include organization, routine setting, social confidence & competency in completing daily living tasks such as shopping or cooking for themselves and various assistance tailored to the specific needs of the individual whatever they may be.

Each shift will have detailed shift notes completed including times, progression, and areas to work on which we can use to provide a summary of support for any NDIS reporting or review purposes and we will also talk to you if we have any concerns with any support we provide.

Our individual mentoring can be billed from the following line items:

(CORE) 04_104_0125_6_1 Assistance with Social, Economic and Community Participation or **(CAPACITY BUILDING)** 15_037_0117_1_3 Improved Daily Living Skills both being **\$65.47** per hour, travel will be an additional charge and outlined clearly in your Service Agreement.

Service Agreements are usually in place for a 3 month period and reviewed regularly to see if the goals or objectives are being achieved or if anything needs to be adjusted in relation to the support. Cancellation policy applies and we ask for 2wks notice to cancel supports.

Driving Program

TOGETHER WE DRIVE

Together We Drive is a social support program based on the needs of our participant's and the wider community who have identified they, and many like them are unable to get access to anyone to observe, support, or mentor them with any driving hours to work towards obtaining their probational driving licence.

This can be for a variety of reasons, and we see firsthand how not driving, and hitting roadblocks to obtaining your P's can have a major impact on a person's independence, employment opportunities, capacity for socializing and being included and ultimately their mental health.

It is important to understand that our program is a mentoring support program, we are not qualified driving instructors and these are not driving lessons, they are mentoring sessions with a focus on supporting people to obtain their licence, building confidence & progression

This brilliant support is ideal for individuals seeking guidance and support on a one-on-one basis, we offer a comprehensive and personalized approach to mentoring, ensuring that each participant is matched with a mentor of similar interests or personalities to achieve the desired outcomes

Our full-time Mature Social Support Mentors involved in the program have a full SA Drivers licence, Great patience and communication skills, NDIS and working with Children Clearance, ASD Awareness Training, Senior First Aid Accreditation

Costing:

The program is run for 10 weeks and billed weekly at \$304 from your plan or self-managed NDIS Funding line items, under wither Core or Capacity-building categories:

04_210_0125_6_1 Assistance with Social, Economic and Community Participation 09_011_0125_6_3 Increased Social and Community Participation

The total cost of the program is \$3,040 (which will be billed weekly at \$304) Participants who wish to self-fund the program will need to add GST to the above cost.

The Details:

- 2 x 2hr sessions (4hrs) per week support for 10 weeks
- 32hrs of Daytime support, Monday to Friday (additional fees apply if needed on sat/sun)
- 8hrs of Night time driving Support
- Travel within 30km (further than 30km will incur travel cost billed as hours)

This support program is done in a vehicle provided by you, which must be insured, registered and roadworthy. All participants of the program must have completed a minimum of one driving lesson from an accredited driving instructor in the last 12 months and be willing to commit to the full 10wk program before commencing.

Like all our support's, Together We Can International's Driving Support program is highly effective and fills a much needed gap in supports of this nature in the wider community.

How to contact us



it s

Talk to a TWCI team member in person or by phone: Adelaide Office (08) 8164 6991 Barmera Office (08) 8588 3278



Our website www.twci.com.au



Email us **admin@twci.com.au**



Facebook: <u>https://www.facebook.com/twci.com.au/</u>



YouTube: https://www.youtube.com/@TWCI_Adelaide



Instagram: https://www.instagram.com/togetherwecan_twci/



Tiktok https://www.tiktok.com/@togetherwecantwci



Linkedin: https://www.linkedin.com/company/71271083/admin/fe ed/posts/ & over vice, Cr
of Serv