



GAL PAL SOCIAL GROUP

Every Tuesday 4.30pm - 7.30pm

Commencing Jan 30th 2024 - (TERM 1)

Teens or young adults with ASD, ADHD or Neurodiverse disabilities to make friendships & socialize in person in a safe, inclusive and welcoming environment whilst having fun!

Each week we will touch on a topic such as, cyber safety, bullying, healthy & un-healthy relationships, how to regulate your emotions & much more! Followed by a series of fun & engaging craft DIYs & activities.

Price Includes:

- ✓ Cost & Entry to all activities
- ✓ Dinner, Snacks & Refreshments
- ✓ Engaging & Supportive Mentors

Available to Plan & Self Managed NDIS Participants

(08) 8164 6991

www.twci.com.au

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